

Know the Law



Alachua County Health Promotion
and Wellness Coalition



About the HPW Coalition

- Mission: *To Build a Safe, Healthy and Drug-Free Community for Residents of Alachua County*
 1. Prevention Education Strategies aimed at **raising awareness**
 2. Changing the **environment** that provide easy access to substances.
 3. Fun educational events that give youth **alternative activities** with family and friends
 4. **Changing consequences** to makes substance use less appealing.



What is Red Ribbon Week?

- October is Substance Use Awareness Month
 - Red Ribbon Week (Oct. 23-31) occurs annually since 1985 to raise awareness about drug use across all of the United States
 - It's goal is to educate the community, advocate for new policies and provide resources to students and families

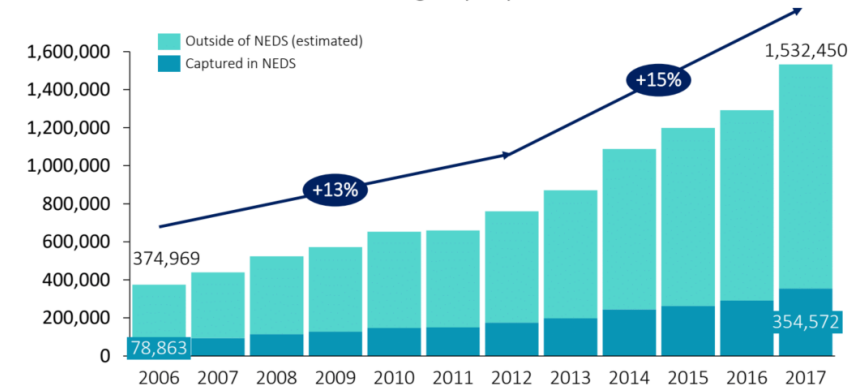


Marijuana: Are You Aware?

- High THC potency can cause:
 - Mental health issues like paranoia, psychosis, depression
 - Cannabinoid hyperemesis, ER visits and addiction
- Any form of marijuana can be laced with other substances
 - Fentanyl is common and is often seen in opioid overdoses
- Substance use at any age is dangerous but teenage brains lack a fully developed coating over brain neurons (myelin sheath) that makes marijuana use more risky.

Cannabis-associated emergency department visits are frequent and rapidly growing

Number of annual cannabis associated emergency department visits in the United States, 2006-2014

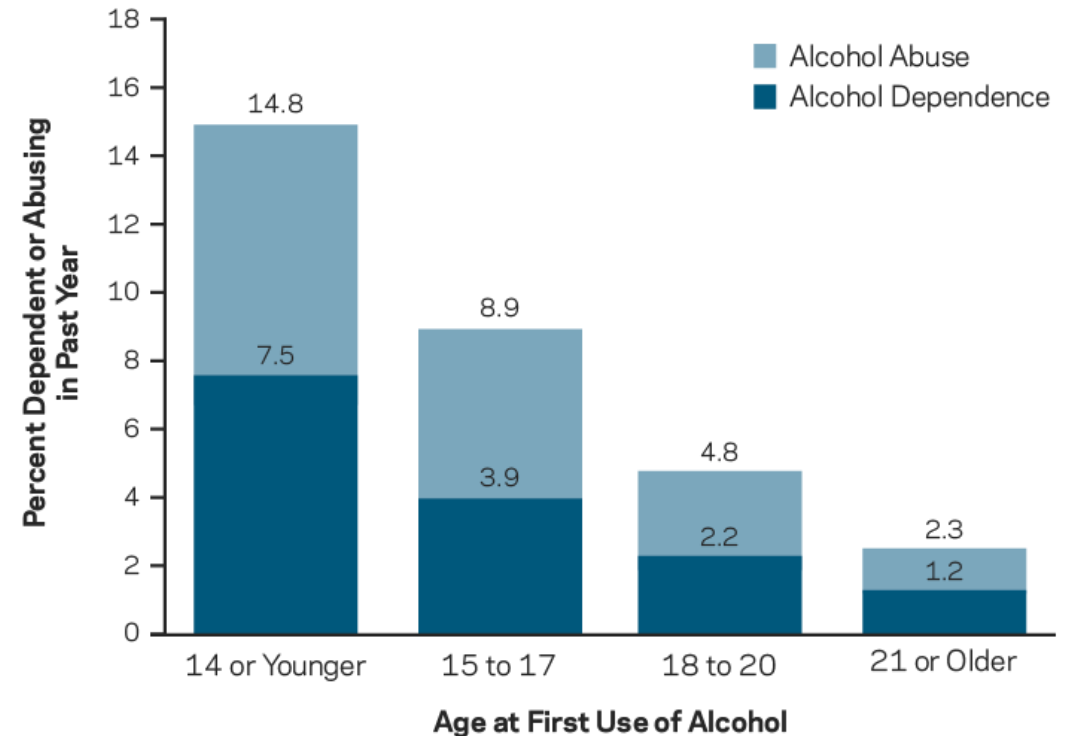


Note: Between 21% and 23% of all emergency department visits were captured by the National Emergency Department Sample (NEDS) in the years 2006-2014. The number of visits outside of the NEDS sample was extrapolated. Source for 2006-2014: Shen, J. J., Shan, G., Kim, P. C., Yoo, J. W., Dodge-Francis, C., & Lee, Y.-J. (2018). Trends and Related Factors of Cannabis-Associated Emergency Department Visits in the United States. *Journal of Addiction Medicine*, 1. doi:10.1097/adm.0000000000000479. Source for 2015-2017: Company analysis of NEDS database



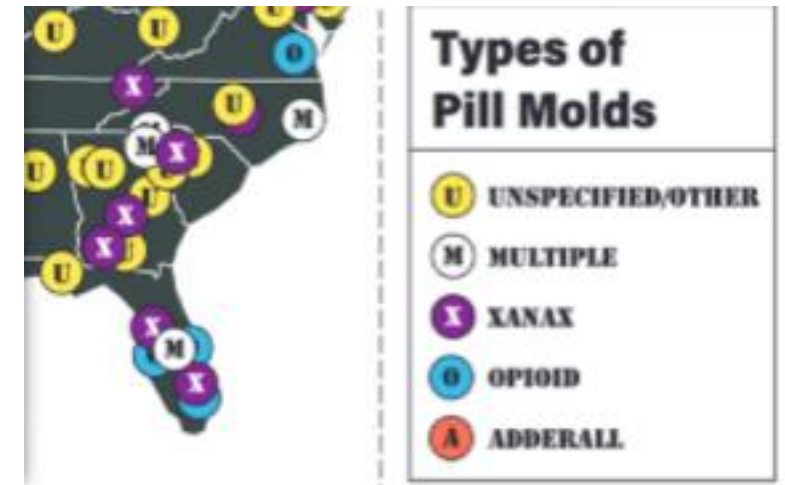
The Basics: Alcohol

- *BAC*: Your weight and gender affect your blood alcohol level and level of intoxication.
 - Legal limit is 0.08 for adults over 21, for those underage it is 0.02
- What is social hosting?



The Risks of Prescription Drugs

- Medications are prescribed by doctors with an individual dosage, quantity, duration, etc
 - Having medications without a prescription is illegal and dangerous, even if you may have a legitimate need such as a headache
 - They may be approved by the FDA but if not monitored by a doctor, you risk serious health issues and substance use disorder
- Pill presses are becoming more common
 - This means medications were not made safely in a medical facility and they are often impure and laced with other unknown substances



Kahoot!

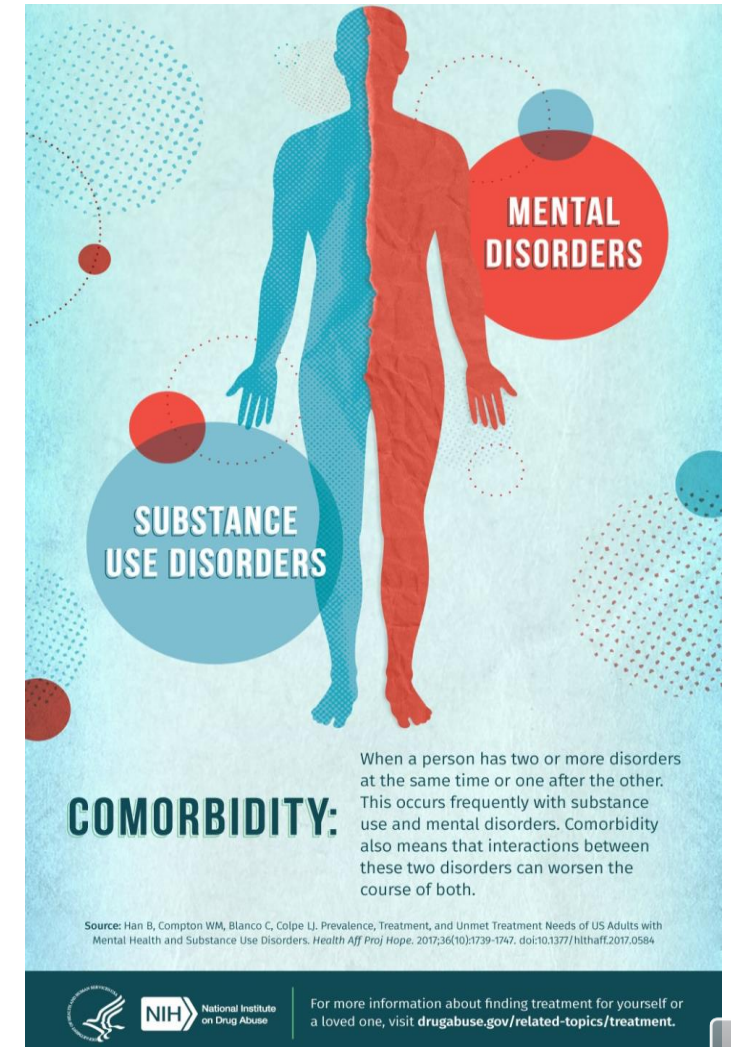
Check Your Knowledge!

kahoot game



Mental Health and Substance Use


- Substance Use Disorders can exacerbate the risk of mental health disorders. While mental health disorders are caused by a complicated mixture of factors, including **genetic, physical, and environmental factors**, substance use can increase risk factors for mental health issues.



The infographic features a central human silhouette split vertically: the left side is blue and the right side is red. To the left of the silhouette is a blue circle containing the text 'SUBSTANCE USE DISORDERS'. To the right is a red circle containing the text 'MENTAL DISORDERS'. The background is light blue with various circular patterns of dots in red and blue. At the bottom, there is a dark blue banner with white text and logos.

COMORBIDITY: When a person has two or more disorders at the same time or one after the other. This occurs frequently with substance use and mental disorders. Comorbidity also means that interactions between these two disorders can worsen the course of both.

Source: Han B, Compton WM, Blanco C, Colpe LJ. Prevalence, Treatment, and Unmet Treatment Needs of US Adults with Mental Health and Substance Use Disorders. *Health Aff (Millwood)*. 2017;36(10):1739-1747. doi:10.1377/hlthaff.2017.0584

 **NIH** National Institute on Drug Abuse

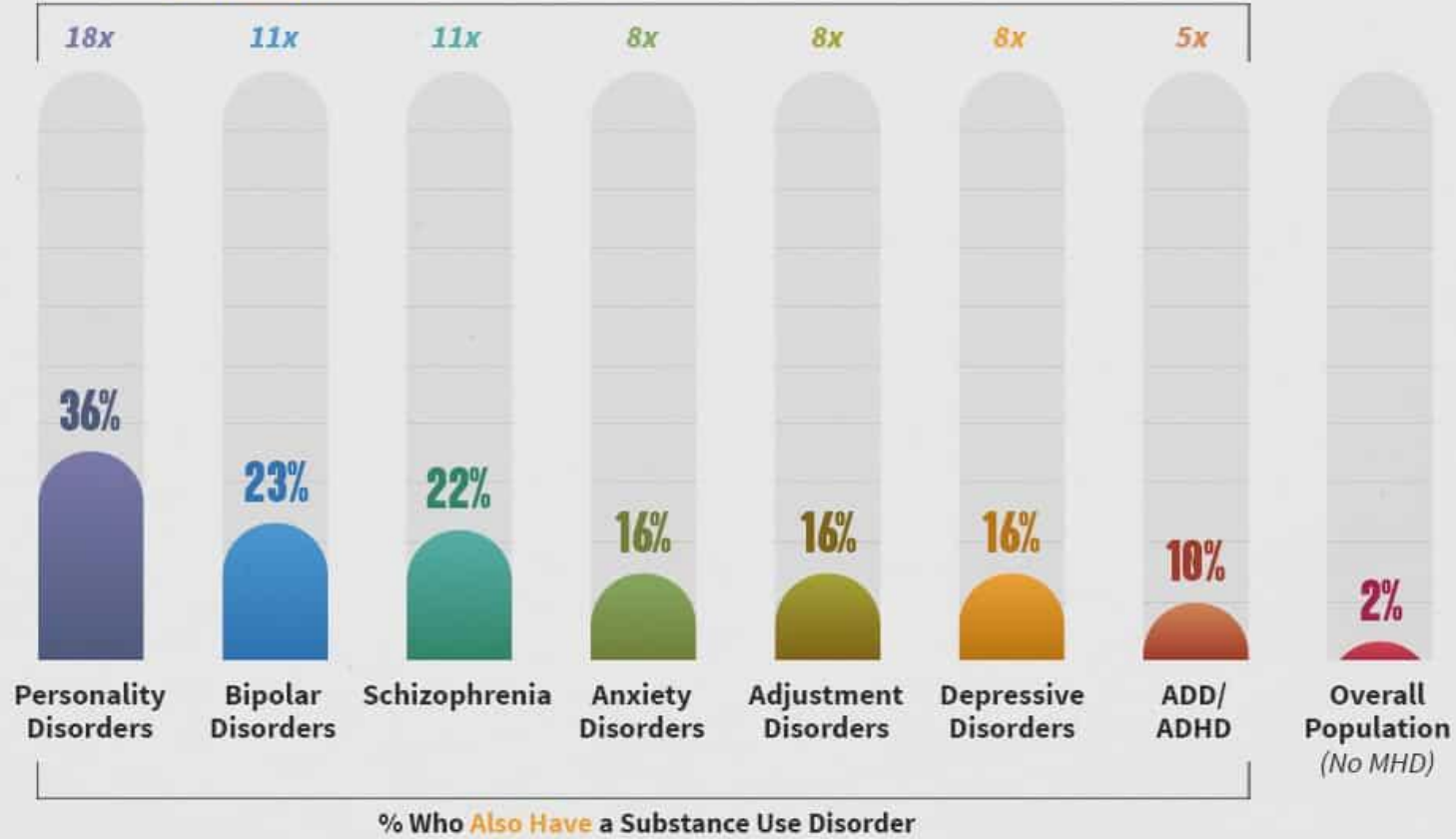
For more information about finding treatment for yourself or a loved one, visit drugabuse.gov/related-topics/treatment.



HOW SUBSTANCE USE COMPARES FOR THOSE

with a Mental Health Disorder

How Much **More Likely** is a Person With a **MHD** to Have a **SUD** Compared to People Without a **MHD**?



created by: AAC

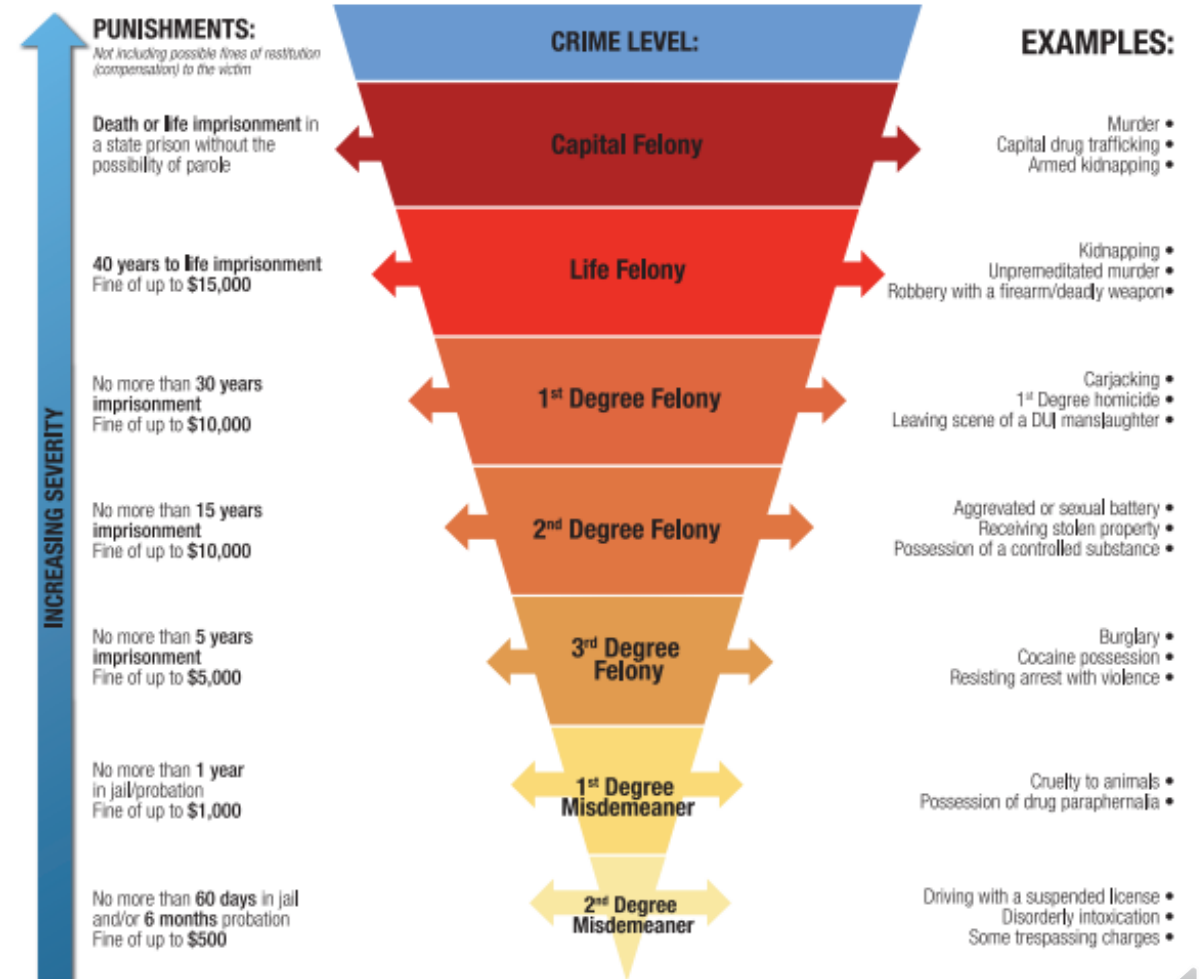
MHD: Mental Health Disorder
SUD: Substance Use Disorder

Source: SAMHSA



What are the Laws?

- Depending on the type and quantity of substance, as well as your age and history, you can receive misdemeanors and felonies for drug possession.



Any Questions?

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